



# Systemic Racism

Racism that has been historically integrated into public policies, institutional practices and cultural norms of society.

Systemic or structural racism is oftentimes subtle as it is normalized and interwoven into society.

## Example:

A highway is built in between a predominantly black neighborhood and a predominantly white neighborhood.

[Read the story.](#)



# vs. Institutional Racism

Rules and practices within institutions that control and limit BIPOC individuals from accessing resources and opportunities.

Those who resist these rules and practices will oftentimes be isolated or punished.

## Example:

A black teen was barred from attending his high school graduation and senior prom due to a school policy that forbade boys from having long or braided hair.

[Read the story.](#)



Women's Initiative for Self Empowerment  
570 Asbury St., Suite 202  
Saint Paul, MN 55104

[www.womenofwise.org](http://www.womenofwise.org)

