



On-the-Ground

- Peaceful protest -- be in direct action!
- Collect, distribute and deliver food.
- Help clean up with your neighbors or community organization.



Remote

- Make donations to supporting organizations (monetary, food, in-kind, etc) or share donation information.
- Share information/resources from advocacy organizations with your network.
- Call, email or write to officials or representatives.



Educate

- Have conversations with friends, family and community members about white supremacy and social justice.
- Research and educate yourself about white supremacy and social justice.



Social-Emotional

- Connect with family and friends who reside in major protest areas.
- Open your home to those who need it away from areas of distress.

Ways to support social justice efforts



Women's Initiative for Self Empowerment
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www.womenofwise.org

