WHAT IS AN ACTIVE BYSTANDER TRAINING?

WHO IS AN ACTIVE BYSTANDER?

It can be anyone of any age, ethnicity, or gender who decides to make a small choice to use their words and/or actions to step in when they see a situation that could develop into violence happening in the community space.

EXAMPLES OF AN ACTIVE BYSTANDER

- It's as simple as letting a cashier know there's a couple having a heated argument in the store.
- It's checking in with a friend who begins to make excuses to avoid hanging out after getting a new boyfriend.
- It's choosing to report an embarrassing and mean post versus sharing it.
- It's putting your friend on check when they make jokes around rape, women, or prostitution.

WHY IS THIS TRAINING IMPORTANT?

- To equip community members, friends, acquaintances, mothers, fathers, with different ways of intervening that they can realistically see themselves doing -- to set the norm in our community that we do not tolerate violence.
- To understand our barriers that stop us from stepping in.
- So all of us can take a small part in preventing violence, & shifting cultural & social norms.

FORMS OF VIOLENCE WE WANT TO PREVENT

Intimate Partner Violence
Abusive behavior (physical, verbal, sexual, or emotional) one person uses to control the other person in the relationship.

Sexual Assault
Unwanted sexual contact or sexual contact without first having spoken permission.

Cyber Bullying/Stalking
When someone posts, publishes, or sends harassing comments, rumors, or private photos of you over the internet, social media, or text messaging; or someone who shows up after you posted online where you are hanging out.

Healthy Relationships

Vise